

# Share Your Journey: Join Our Multiple Sclerosis Research as a Key Participant

Living with Multiple Sclerosis (MS)? Your experience is valuable. We invite you to share your journey as part of an important study developing the Multiple Sclerosis-specific Comorbidity Summary Index (MSCSI).

## About the Study:

This research aims to create a tool to better understand and manage comorbidities in MS. Your personal insights are crucial in ensuring that the MSCSI addresses real-life challenges faced by individuals like you. The principal investigator of this study is M. Ehsan Karim (School of Population and Public Health, The University of British Columbia).

## Who Can Participate?

- Individuals diagnosed with Multiple Sclerosis.
- Able to engage in a 1-2 hour interview.
- Comfortable communicating in English.

## What's Involved?

- Share your experiences with MS and any other health conditions in a confidential interview.
- Help us understand how comorbidities affect those living with MS. Participation may include a video component to confirm identities.
- Your insights will directly influence the development of a tool that aims to improve MS care.

## Why Participate?

- Play a crucial role in advancing research that could benefit the MS community.
- Reflect on and share your experiences in a supportive setting.
- Receive an honorarium as a token of our gratitude, which will be sent to your valid Canadian address.

## Interested in Participating?

Reach out to us at [ehsan.karim@ubc.ca](mailto:ehsan.karim@ubc.ca) for more details or to schedule your interview. Your story can make a profound impact!